

FAQ SHEET

Why use the Exceed™ Medical Microneedling Device? ^{1,2}

Candela's Exceed™ medical microneedling system is one of the most versatile devices on the market. It is the first FDA-cleared, dual-indicated medical microneedling device offering minimally invasive and clinically proven outcomes. Microneedling, also known as percutaneous collagen induction (PCI) or collagen induction therapy (CIT), is a minimally invasive skin perfecting procedure. Microneedles create tiny punctures in the skin which promotes a collagen-stimulating healing process. This collagen induction improves the skin by reducing the appearance of facial wrinkles and facial acne scars.

The Exceed system is engineered to deliver persistent power and speed with up to 900 total needle penetrations per second. The patented 6-needle tilting plate within the cartridge, adapts to the skin's surface and can penetrate up to 1.5mm into the dermis. This provides individualized treatment solutions to repair and restore skin, naturally.

Who is the ideal patient? ¹⁻³

Treatment with the Exceed system is customizable and minimally invasive, suitable for healthy men and women to treat the appearance of facial wrinkles and facial acne scars. In only 4 treatments, 90% of patients saw an improvement in facial wrinkles and 86% of patients showed significant improvement in their facial acne scars. The treatment is well-tolerated with minimal pain, discomfort or downtime, all in under an hour.

What must I do to prepare for treatment? ¹

Patients that are undergoing treatment with the Exceed system should be sure to: discontinue anticoagulant therapy, Aspirin or high dose nonsteroidal anti-inflammatory drugs (NSAIDs) for 14 days prior to treatment. If you have a history of cold sores, please inform your Provider as you may need to be pretreated with an antiviral medication. Discontinue topical retinoids or other skin irritants for a minimum of 3-5 days prior to treatment. Avoid prolonged sun exposure and use SPF 30.

What can I expect after treatment? ¹⁻³

Immediately post treatment, the localized pin-point bleeding should subside within 5-10 minutes of treatment. Pain or discomfort may occur with gradual cessation following the treatment. Transient mild to moderate erythema (redness) and edema (swelling) can last for up to 6 days. Other inflammatory responses such as itching, warming, flaking or peeling can occur and will typically subside within 8 days of treatment.

What post care instructions should I follow? ¹

- Patients should be advised of the expected healing sequence and expected treatment side effects as detailed in the User Manual's Clinical Guide.
- Immediately following treatment, cleanse the treated area with sterile NS and gauze.
- Apply Provider's choice of healing dressing to the treated areas as per standard medical procedure.
- For the first week and until completely healed, cleanse the treatment area with Provider's choice of gentle cleanser and pat dry, do not rub.
- Avoid wash cloths, harsh irritants, and scrubs until the treated area is completely healed.
- Reapply healing dressing as needed throughout the day. The treated area should be kept as hydrated as possible for one-week post treatment.
- Avoid excessive sun exposure to the treatment area and gently pat in a sunblock of at least SPF 30 or higher at all times for at least one month following the procedure.
- Do not pick at the treated area. It is imperative to let the area heal on its own. If the area is picked at and further interruption of the epidermal layer occurs, this can increase the risk of infection, PIH, and other post procedure complications.
- Patients should be advised to contact their Provider if they have any concerns about how their skin is responding to the treatment or is healing.

1. 510(k) K182407. 510(k) K180778. Data on file. Refer to the Exceed™ microneedling device User Manual for additional information. Individual healing times, discomfort, treatment results and satisfaction can vary. Please discuss these as well as risks and benefits of this procedure with a qualified licensed healthcare professional to determine whether this procedure is appropriate for you. 2. Ablon G. J, Safety and Effectiveness of an Automated Microneedling Device in Improving the Signs of Aging Skin. *Clinical Aesthet Dermatol*. 2018 Aug;11(8):29-34. 3. Freiherr von Dalwig-Nolda D., post-market clinical follow-up study for Microneedling Devices "revive mn" and "revive".